



United Friends Group Homes (UFGH)

Short Annual Update

Holiday Season 2023

Dear Friends and Family,

Glancing at any calendar reveals a seemingly impossible fact -- another holiday season is upon us. While the past several years have had their share of heartache with the passing of several long-term residents, the last year has been one of renewal. Over the last year, UFGH has welcomed a new resident into each home: Lisa B into Lincoln Park (late December 2022); Patrick J into Beverly Park (early July 2023) and Malcolm H into Crown Hill (late September 2023). Welcome to the family, one and all.

New website coming soon!

UFGH will be launching a new website in the near future. If you would like to be alerted to the launch date, please send an email to newsletter@ufgh.org. In that same email, you can also request to receive these updates and future newsletters by email in addition to the postal variety.

Tri-House Parties Restart

For the first time since 2019, residents from all three houses met up for a party. Halloween 2023 was the occasion. While it was great to see some of the residents reconnect, it also highlighted an overall truth. Future parties may have to be either smaller overall or staged in groups. The additional mobility devices needed to keep our aging residents safe are also major tripping hazards for a crowded room of partygoers. The fun is never going to stop, we simply have to do a little further planning.

Renovations

While 2022 saw Crown Hill and Beverly Park get some much needed flooring updates, this year it was Lincoln Park's turn. New flooring was installed in resident rooms, hallways and several common areas. Many of the common area walls also received a fresh coat of paint; it certainly helped add a bit of brightness to what has been a difficult few years.

Over the next year or two, we plan on updating several bathrooms across the houses. It's simply a fact that the current bathrooms were never designed for mobility issues. As our residents age, stepping over the lip of a tub to take a shower will become even more challenging. ADA compliant roll-in/step-in showers are definitely in the near future. This will be an expensive undertaking, both in time and financially which leads to....

PLEASE GIVE

As you consider your holiday giving, we would be honored if you would include United Friends Group Homes on your gift list. Your donation will help ensure that our residents continue to live life fully. Enclosed is a donation card and envelope for a monetary donation. Suggestions for non-monetary donations follow.

Happy Holidays,

Rick Massey (Executive Director)

- ❖ Plastic Food Storage Containers (Tupperware style)
- ❖ Silverware
- ❖ Board Games/Card Games
- ❖ Puzzles (maximum of 150 pieces)
- ❖ Coloring Books
- ❖ Arts/Crafts supplies (all types)
- ❖ Lego-style kits
- ❖ Unused tickets to local events
- ❖ Karaoke CD's, oldies CD's
- ❖ Waterproof couch covers
- ❖ Picturesque place-mats
- ❖ Unused/unwanted gift cards
- ❖ New pillows, blankets, twin-size sheets
- ❖ Lightly used/refurbished tablets or laptop computers
- ❖ G or PG Rated DVDs/BluRays for house movie nights



Top Row: New Residents:
Patrick J, Malcolm H, Lisa B
Middle Row: Halloween
Party at Lincoln Park
Bottom Row: Carla B,
Lincoln Park at the Zoo on
Halloween, Donna W

